Middle School Lunch Menu

May-25

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Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs	
	1	1	0	I		1		2		Lunch 3.05
		, 	-			Chicken Egg roll &/or	20	Cheese Bites	28	Milk \$.45
				2		Potstickers	11	Red Dipping Sauce	5	NSLP Reduced price lunch \$0.40
						Fried Rice	17	Cucumber Slices	0	All meals served with
						Broccoli	2	Ranch Dressing	2	choice of Milk
	5		-			Fresh Apple	22	Orange	21	
			ζ			Milk (assorted)	15	Milk (assorted)	15	
										Alternate Daily Choices:
5		6		7		8		9		Mon Chicken Nuggets/Patty 16-41
French Toast Sticks	26	Mini Pizza Bagels	24	Baked Chicken	0	Grilled Chicken Breast	1	Big Daddy Cheese Pizza	28	Tue Hot Dog 30
Pancake Syrup	30	Smiley Potatoes	25	Dinner Roll	11	WG Bun	26	Sliced Green Peppers	3	Wed Pizza 21-42
Cheese, String	3	Cherry Tomatoes	2	Edamame	3	Fresh Spinach Salad	4	Zucchini Slices	1	Thu Nachos/Walking Tacos 32-48
Tater Rounds	19	Orange Wedges	21	Carrot Baby	6	Cherry Tomatoes	2	Banana	27	Fri Breakfast for Lunch 15-25
Chickpeas	10	Milk (assorted)	15	Chilled Pears	15	Fresh Apple	22	Milk (assorted)	15	
Orange Juice	13			Milk (assorted)	15	Milk (assorted)	15			Students must have money on their
Milk (assorted)	15									accounts or bring cash for ala carte
12		13		14		15		16		purchases.
Chicken, Diced	0	Grilled Cheese	30	Chicken Patty	30	Corn Dog Nuggets	26	Palitos de queso	31	
Fried Rice	54	French Fries	16	WG Bun	16	French Fries	16	Salsa Roja	5	See District's Food Service
Romaine Salad	1	Tomato Soup	18	Cucumber Slices	18	Black Bean Salsa	16	Rebanadas de queso	0	website for a la carte pricing
Ranch Dressing	2	Mixed Fruit	16	Sweet Corn	16	Fruit Slushie BR	22	Aderezo ranchero	2	
Black Beans	11	Milk (assorted)	15	Applesauce	15	Milk (assorted)	15	Peras Refrigeradas	15	
Cranberries, Dried	28			Milk (assorted)				Leche (variedad)	15	
Milk (assorted)	15									
19		20		21		22		23		
Cheese Sticks	31	French Toast Sticks	26	Pizza Chef's Choice		Chicken Chef's Choice		Chef's Choice		
Red Dipping Sauce	5	Syrup	30	Chef's Choice		Chef's Choice		Vegetable		
Cucumber Slices	0	Diced ham	3	Vegetable		Vegetable		Fruit		Questions regarding the Menu,
Ranch Dressing	2	mini carrots	19	Fruit		Fruit		Milk (assorted)	15	Please contact
Chilled Pears	15	Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	15			Kevin Harris at:
Milk (assorted)	15	Mandarins	13							
26		27		28		29		30		Kharris@D15.org
26		27		Have a (30		Kharris@D15.org
Disclaimer about Carb cou		1		*Menu subject to chan		I		1		l

Disclaimer about Carb counts

*Menu subject to change, notice given when possible

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer.

Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.