## **Elementary School Menu**

## September-25

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs	
1		2		3		4		5		Lunch 3.15
40		Mini Pizza Bagels	24	Baked Chicken	0	Grilled Chicken Breast	1	Big Daddy Cheese Pizza	28	Milk \$.45
		Smiley Potatoes	25	Dinner Roll	11	WG Bun	26	Sliced Green Peppers	3	NSLP Reduced price lunch \$0.40
	1	Cherry Tomatoes	2	Edamame	3	Fresh Spinach Salad	4	Zucchini Slices	1	All meals served with
	19	Orange Wedges	21	Carrot Baby	6	Cherry Tomatoes	2	Banana	27	choice of Milk
- DA	IX.	Milk (assorted)	15	Chilled Pears	15	Fresh Apple	22	Milk (assorted)	15	
that is think one - 13 MCCSC				Milk (assorted)	15	Milk (assorted)	15			Alternate Daily Choices:
										Mon Chicken Nuggets/Patty 16-41
8		9		10		11		12		Tue Hot Dog 30
Chicken, Diced	0	Grilled Cheese	30	Chicken Patty	30	Corn Dog Nuggets	26	Bosco Sticks	34	Wed Pizza 21-42
Fried Rice	54	French Fries	16	WG Bun	16	French Fries	16	Red Dipping Sauce	5	Thu Nachos/Walking Tacos 32-48
Romaine Salad	1	Tomato Soup	18	Cucumber Slices	18	Black Bean Salsa	16	Celery Sticks	3	Fri Breakfast for Lunch 15-25
Ranch Dressing	2	Mixed Fruit	16	Sweet Corn	16	Fruit Slushie BR	22	Mandarin Oranges	20	
Black Beans	11	Milk (assorted)	15	Applesauce	15	Milk (assorted)	15	Milk (assorted)	15	Students must have money on their
Cranberries, Dried	28			Milk (assorted)						accounts or bring cash for ala carte
Milk (assorted)	15									purchases.
15		16		17		18		19		
Cheese Sticks	31	Mini French Toast	37	Popcorn Chicken	14	Orange Chicken	19	Big Daddy Cheese Pizza	28	See District's Food Service
Red Dipping Sauce	5	Pancake Syrup	30	Smiley Potatoes	25	Rice	37	Broccoli	4	website for a la carte pricing
Cucumber Slices	0	Diced Ham	0	Sweet Corn	8	Edamame	3	Red Pepper Slices	2	
Ranch Dressing	2	Carrot Baby	6	Peaches, Sliced	14	Carrot Baby	6	Ranch Dressing	2	
Chilled Pears	15	Black Beans	10	Milk (assorted)	15	Applesauce	22	Orange	21	
Milk (assorted)	15	Mandarin Oranges	20			Milk (assorted)	15	Milk (assorted)	15	
		Milk (assorted)	15							
22		23		24		25		26		
Hamburger	3	Chicken Tenders	16	Turkey	2	Chicken Egg roll &/or	20	Cheese Bites	28	
WG Bun	26	Onion Rings	28	Gravy	0	Potstickers	11	Red Dipping Sauce	5	Questions regarding the Menu,
Sun Splash Juice Box	15	Baked Beans	30	Breadstick	24	Fried Rice	17	Cucumber Slices	0	Please contact
Chickpeas	10	Apple Slices	8	Mashed Potatoes	34	Broccoli	2	Ranch Dressing	2	Kevin Harris at:
Mixed Berries Cup	20	Milk (assorted)	15	Sweet Corn*#	17	Fresh Apple	22	Orange	21	
Milk (assorted)	15			Cranberries, Dried*	28	Milk (assorted)	15	Milk (assorted)	15	
				Milk (assorted)	15					Kharris@D15.org
29		30								
French Toast Sticks	26	Mini Pizza Bagels	24		-			- 200		
Pancake Syrup	30	Smiley Potatoes	25							
Cheese, String	3	Cherry Tomatoes	2	100	-/-					
Tater Rounds	19	Orange Wedges	21		1	1	Y .			
Chickpeas	10	Milk (assorted)	15		25	1				
Orange Juice	13						25	The state of the s		
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Disclaimer about Carb counts

\*Menu subject to change, notice given when possible

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer.

Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.